2018 ANNUAL REPORT

SAVING LIVES
ONE HEART AT A TIME
As 2018 comes to a close, we look back on the year with a sense of great accomplishment. AugustHeart has successfully screened 6,792 teens, bringing our total screened since inception in 2011 to 36,851. Quite a milestone to be proud of!

This year is especially significant for AugustHeart, as it marks 10 years since August lost his life to a heart abnormality that could have been detected with a simple 5-minute screening.

We started with the belief that one family could make a difference for others. From there, AugustHeart was formed and a legacy was created. Today, AugustHeart is stronger than ever due to a community of believers that have come together to donate time, resources and gifts in support of our mission – to offer a FREE community-wide cardiac screening program for teens in the San Antonio area to minimize the risk of sudden cardiac arrest.

So many of you have been longstanding supporters of AugustHeart and we are forever grateful. You have stayed the course and seen the positive impact we’ve had on the heart health of San Antonio teens.

As we head into 2019, let’s join together to honor August by encouraging others to screen their teens and save more lives!

Here’s to another great year!
WHO WAS AUGUST?

Augustus Cummings Koontz was a healthy young athlete from San Antonio. In October 2008, his life was cut short at the age of 18 by an undiagnosed heart condition called hypertrophic cardiomyopathy (HCM), resulting in sudden cardiac death. August’s love and compassion for others was the measure of his greatness. He had a big heart and will forever be remembered because of AugustHeart.

“August had a love for adventure and was quite unique. He touched many lives without knowing it. May his memory forever be in our hearts.”

-Mrs. Bee
To keep other families from experiencing the same grief, Doré and Bart launched AugustHeart in May 2011 with a bold vision: to establish and fund a free community-wide cardiac screening program for teens in an effort to minimize the risks of sudden cardiac arrest.

Sudden Cardiac Arrest (SCA) is the leading cause of non-traumatic death in youth, happening without warning and proving fatal in 92% of cases. One in 250 teens in the general population is at considerable risk of an undetected heart condition that may cause SCA.

WHY AUGUSTHEART?

WHAT WE DO

Many abnormalities of the heart can potentially cause sudden cardiac death and some of them can be detected by using electrocardiogram and/or echocardiogram. An AugustHeart screening is a small window into the health and well being of your heart and is not a clearance for participation in sports. Our recommendation is for two screenings during adolescence.

THE HEART SCREENING

The AugustHeart screening includes a modified electrocardiogram (12-lead ECG – measures the electrical activity in the heart), and if necessary a limited echocardiogram (2-dimensional ECHO - ultrasound picture of the heart). All data collected related to the heart screen is interpreted (normal or abnormal) by a board certified pediatric or adult cardiologist. Any student with an abnormal screen may be offered the opportunity to undergo a more thorough evaluation so a plan for care can be established. Our goal with these tests is to identify potentially silent conditions that have been linked to an increased risk of sudden cardiac death.

An ECG is used to diagnose Wolff-Parkinson-White (WPW) syndrome and long QT syndrome. An ECG and ECHO are used to diagnose hypertrophic cardiomyopathy and dilated cardiomyopathy. For those who have an at-risk body size, an ECHO can also be used to diagnose aortic root enlargement.

The following heart conditions represent some of the more common causes of why teenagers may die as a result of sudden cardiac arrest.

**HYPERTROPHIC CARDIOMYOPATHY:** This is a problem of the heart muscle where the bottom chambers (or ventricles) are too thick. While most of these cases are caused by high blood pressure, a genetic problem of the heart can also cause this and can lead to serious arrhythmias and/or heart failure.

**DILATED CARDIOMYOPATHY:** This is a problem where the heart muscle is too large and does not squeeze like it is supposed to. There are many causes of this problem, including viral infections, toxic exposures, and genetic problems.

**AORTIC ROOT ANEURYSM:** This is a problem of an abnormal enlargement of the main artery that arises from the heart and is responsible for delivering oxygenated blood to the body. The cause of this condition is either due to an abnormal aortic valve or to a genetic problem.

**LONG QT SYNDROME:** This is a problem of the electricity of the heart that is caused by an issue with how the heart muscle handles essential elements like sodium and potassium. Children with this condition can suddenly develop unstable heart rhythms. Most cases are caused by a genetic problem, though some are caused by certain medications.

**WOLFF-PARKINSON-WHITE (WPW) SYNDROME:** This is a problem of the electricity of the heart that is caused by an abnormal connection between the top and bottom pumping chambers. WPW is a congenital disorder of the heart. This condition can cause very fast heartbeats and rarely an unstable heart rhythm.
POWER IN NUMBERS

6,792 HEARTS SCREENED

710 VOLUNTEERS

492 DONORS

$4,538,700 MARKET VALUE OF SCREENING SERVICES

77% DIVERSE ETHNICITIES

2,138 VOLUNTEER HOURS

30 SCREENING EVENTS

77% CONTRIBUTIONS & INVESTMENTS

270 SCHOOLS IMPACTED

40% FEMALE

38 VOLUNTEER CARDIOLOGISTS

60% MALE

56% ECONOMICALLY DISADVANTAGED

FINANCIAL SNAPSHOT
JULY 2017 - JUNE 2018

ASSETS, LIABILITIES & NET ASSETS

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<th>Description</th>
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<tr>
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<td>Net Assets</td>
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REVENUE & EXPENSES

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<th>Description</th>
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<tr>
<td>Contributions &amp; Investments</td>
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<tr>
<td>Total Expenses</td>
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<tr>
<td>Excess Revenue Over Expenses</td>
<td>-$13,069</td>
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A CHARITY YOU CAN TRUST 80% OF YOUR DOLLAR SCREENS TEENS
Allen Blair

My parents and I are thankful that Judson ISD included AugustHeart as part of their physical well-being for sports players. During my physical examination, I had an abnormal reading on my heart that I may not have known about otherwise since I had no symptoms. AugustHeart ensured that I received additional testing which included an echocardiogram and followed up with us. We were able to ask questions which helped us understand more about my heart. We felt comfortable and trusted the process. We are blessed that this heart abnormality that I have was detected early, and that I am ok and cleared to play basketball, the game I love so much with no worries. Amen!

Kyonte Holder

AugustHeart has been providing heart screenings for Northside ISD student athletes since 2013. Our relationship has grown in respect and admiration for this wonderful organization annually. Each year, AugustHeart and Sports Medicine Associates of San Antonio perform heart screenings and physical exams for approximately 1500-2000 student athletes hosted by Stevens High School. This year was special because the AugustHeart screening discovered a life-threatening heart condition with one of our athletes. The heart condition was unbeknownst to him, his family, and the sports medicine staff as well as his primary care physician. With help from AugustHeart and the physicians working with them, our athlete, Jesse has been recovering this fall with a much anticipated safe return to play by the end of the year. Stevens High School as well as other NISD schools have had athletes in years past diagnosed with unknown heart conditions. As a parent and Athletic Trainer for NISD students, it’s comforting to know our district has a positive relationship with such a lifesaving organization as AugustHeart. We look forward to strengthening our relationship with AugustHeart in the future to ensure the lives of our children.

Tim Kloewer

I want to share my experience with AugustHeart which led me to want to volunteer. My wife had set-up an appointment for my son to attend a screening. I was waiting with other parents for my son to finish up so that we could leave. I didn’t have any concern and never thought that anything would be wrong with my son’s heart. There were 8 boys in front of my son because he was number 9. As parents were waiting near the exit door, a few of the volunteers/staff members came out and called a few parents back. I then realized, and so did a few other parents, that the tests for their kids probably revealed some concerning heart information. The reality then set in that if these boys had not attended this screening, there is a possibility that they could have been participating in a sports activity and had heart complications that could have killed them. As a parent, I would rather deal with knowing about a heart condition rather than dealing with the unexpected death of my son playing a sport. At that moment it became very obvious how important this free service is that AugustHeart is providing for our kids. This experience led me to want to volunteer. I’m glad to say that my son’s results were normal. THANK YOU to everyone at AugustHeart!

Marni Nilsson

After our screening at AugustHeart, based on Marco’s abnormal results, we saw a pediatric cardiologist and he confirmed Marco has an aortic root enlargement, but no need for alarm at this time. He was cleared to play tennis and has shown no symptoms. We go back in 6 months to check on his heart and if all is well, he will go yearly. I personally wanted to thank you all for your help that day when we got his results. I was so nervous and scared, just trying to “keep it together”. The way AugustHeart guided, explained and helped us set up the appointment was such a blessing. I told friends and family that AugustHeart was a guardian angel. I am so grateful for the help and work that AugustHeart is doing for our children.

Kyonte Holder

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Allen Blair

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<th>Month</th>
<th>Schools Impacted</th>
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AN EVENTFUL YEAR

A SHOOT FOR THE HEART

The 7th Annual Shoot for The Heart benefit for AugustHeart was held at Sandy Oaks Ranch in Devine, Texas. The event brought shooters together from all over the great state of Texas to raise awareness and funds to screen more teens. A fun time was had by all enjoying great weather and friendly competition, all for an amazing cause!

HEARTS OF TEXAS

The 8th Annual Hearts of Texas, A Night of Texas Music to Save a Life, was a huge success! The evening kicked off with local San Antonian Jeff Baumann followed by the Randy Rogers Band; the most successful, longest running act in the Texas music scene. The highlight of the evening was testimonials explaining the importance of heart screenings for teens. Overall, the night made a lasting impact and raised over $211,000 to help save more lives.
A special thank you to our donors for every contribution, both large and small. Because of you we are able to screen thousands of teens free of charge.

Nancy & Rick Akin
Michelle & Kenneth Albrecht
Drew Allen
Karen & Brian Anderson
Annette & Steve Applegate
Susan & John Armin
Jane Austin
Reene & Terry Bailey
Brett Baitio
Margie & Mote Baird
Emmy & Brian Ballantyne
Will Balthrope
Greg Barnes
Nona & Kelly Barrick
Rebecca & Robert Barsalou
Johanna & Chase Bartlett
Dorothy & Cory Basso
Ann & Wes Bates
Susan & Mark Bauer
Lori & Ron Bauml
Jamie & Richard Bradford
Karen & Brian Brady
Shannon Braymen & Vivian Holder
Anne Brent
Diane Broe
Tricia & Michael Brokaw
Genevieve & Reggie Brooks
Blake Brown
Debbie & Marvin Brown
Jean & Alan Brown
Alexa Brundage
Michael Bueche
Cliff Buechel
Kelli Bunch
Vivian & Mack Burns
Robin & David Bush
Michele & Randy Cadwallader
Lisa & Wade Caldwell
Luke Campbell
Julie & Aldo Cantu
Luptia Cantu
Carla & Tony Canty
Maggie & Jake Carr
Bradley Carson
Kay Case
Megan & Trey Catalani
Allyson & Stuart Cavender
Cathy Cavender
Caterina & Lee Cavender
Paige & Rob Cavender
Stephanie & Bobby Cavender
Suzanne & Rick Cavender
Weezie & Mac Chesney
Gilda Cisneros
Tanya & Barry Clark
Sandra & Curtis Coburn
Anne & Mark Connally
Meg & Patrick Conner
Carolyn & Bill Conolly
Lee Conolly
Patti & John Conolly
Susanne & Louis Cooper
Samatha Cortinas
Renee & Doug Coyle
Hugh Roy Couflage
Katie Cullen
Rose & Harry Cullen
Chance Davis
Cindy & Vincent Dawson
Kate & Taylor Dawson
Sam Dawson
Vincent Dawson, Jr.
Kit & Carl Detering
Fran Donato
Lori & Jamie Donnell
Michele Doré
Beth & Cliff Douglass
Erin & Benjamin A. Dravert
Win Dubeau
Nancy & Richard Dugger
Catherine Easley
Terry Eddy
Collette & Ty Edwards
Linda & Jay Ellison
Melanie Evans
Jake Everhart
Jane Everhart
Will Fawcett
Rita & John Feik
Tracee & J J Feik
Kelly & Carl Fellbaum
Rue Ferguson
Margie Fernandez
Blair & Joseph Fitzsimons
Burkley & Johnny
Fitzsimons
Laura & Adolfo Flores
Sandra Laurel Ford
Bette Fowler
Samantha Friesenhahn
Martha & Charles Fuhrmann
Donna & Michael
Galvanakas
Anne & Marco Gamboa
Marcelo Garcia
Martha & Ramiro Garza
Richard Gates
Shelly & Troy Gilbert
Katie Gillis
Cynthia Glossup
Susan & James Glover
Lynette & Mike Glowa
Annie & Kit Goldsby
Luciane & Nelson Gonzalez
Weir Goodwin
Cheryl & Sid Greehey
Erica & Blaine Gregory
Robert Grier
Kim & Paul Griffin
Shawn Griffin
Bonnie & Isaac Guajardo
Irene Gutierrez
Gail & Bob Gurwitz
Zach Hahn
Sue Hall
Diane Hanahan
Kay & John Harig
Dana & Charles Hartwell
Amy & John Hayes
Patricia & Robert Hayes
Mary Jon & Walter Haynes
Tina & Joe Haynes
Susan & Michael Helmke
Rita & David Henderson
Sara & Cody Herff
Maureen Hillman
Janet & Robert Holdiday
Brooks Holzhausen
Ana & Hector Hornero
Deb & Foad Houston
Peggy & Dan Allen Hughes
Mark Humphries
Dianne & Stacy Hunt
JoAnna & Sheldon Hurley
Cheryl & Greg Jackson
Amber Jay
Pam Jesse
Julie & Clay Jett
Carolyn & Mark Johnson
Johnny Johnson
Johny Clay Johnson
Kathy & Matt Johnson
Lori & Daniel Johnson
Lee Ann & Chad Jones
Rachel Jonkers
Hedy & Butch Jouffray
Nic Jouffray
Val Juve
Leslie & Sid Karmia
Polly Keene
Caroline Kelleher
Lisa & Mike Kelleher
Marliise & Scott Kercheville
Ashlee & Karl Kinsel
Nita & Michael Kiolbassa
Doré Koontz
Jessica & Claude Koontz
Margaret & Bart Koontz
Mary & Eric Kopasci
Bekki & Greg Kowalski
Pat & Ken Krueger
Ryan Kuhl
Carmen & Carlos Kuri
Kelly Kyllis
Raven & Fred Labatt
Gretchen & Lance Lahrourcade
Denise & Martin Landon
Aden Lassiter
Chris Layne
Jean & Steve Lee
A J Lewis IV
Kim Lewis
Liza & Jack Lewis
Estee & Jerry Lopez
Manuel Lopez
Trevor Lovelady
Ginna & Brodie Lowrey
Kimberly & Lance Lubel
Peter Maddox
Heather & Steven Mafrige
Doreen & Mike Magoon
Melissa Marquet
Amelita & David Mauzé
Lee & Dan McCarty
Theresa & Fred McComas
Kathy & Jody McCoy
Sarah McCord
Sylvia McCord
Catherine McCoy
Northcott McFadden
Sean McGarity
Barbara & Mickey McKenzie
Hayley McLaughlin
Jan & Bart McLaughlin
Hannah & Jeff McManus
Claire & Easton McNab
Avery McNamara
Sarah & Paul McSween
Mark Middleton
Ali & Matt Miller
Cheri & David Moceri
Annie & Hunter Mock
Celina Montoya
John Moon
Mike Moore
Gihan & Carlos Morales
Lisa & Brett Morgan
Lynne & Todd Morgan
Camilla Morrison
Shell & Andrew Morrison
Kim & Kipp Mueller
James Murray
Kathy Musgrave
Angel & Robert Myers
Carla & Chet Natala
Leith & Dick Negley
Mary Sue & Tom Nelson
Ann & John Newman
Roxana & Hamlet Newsom
Lisa & Mitch Nichols
Rita & Kirk Nixon
Dana & Bob Nunley
Louise O’Connor
Nancy & Stacy Owen
Nancy & Andrew Ozuna
Peggy & Paul Pace
Laura & Clay Page
Stacy & Pam Paris
Carly Park
Kate & John Park
Robert Park
Bill Patterson
Julie & Justin Peeler
Kevin Pena
Courtney & Chip Percy
Joan Petty
Michelle & Paul Polasek
Jeanie & Jay Ponce
Kate & Andy Pontikes
Marie & Alex Porter
Kris Pratt
Kim & Alejandro Prull
Caroline & Nelson Puett
Dana & Don Purswell
Susan & Mike Quigley
Noë Ramirez
Debbie Reasner
Diane Reasner
Elizabeth Reblin
Carol & Richard Reiss
Mark Remington
Alison Reyes
Norma Reyes
Sarah & RJ Reyes
Katie Reynolds
Elizabeth & Barry Roberts
Haley Rosen
Sandra & Stanley Rosenberg
Jill & Bobby Rosenthal
Katie Ross
Casey Roy
Kathy & Michael Rubey
Xan & lamp Ruby
Linda & William Ruhmann
Jennifer & Frank Sammis III
Carol & Rod Sands
Linda & Satel
Debbie Schaefer
Diana & Tom Schmidt
Donna & Henry Schmuelck
Michael Schorlemmer
Beatris & Richard Schwarz
Paola & Troy Scott
Anne & Greg Seay
Alyse & Webb Sellers
Anna & James Shaw
Lisa & David Shetler
Michelle & Todd Shetler
Marsha & John Shields
Kathryn & Joel Shuler
Andrea & Pete Sitterle
Jeff Sizemore
Donna & Clay Skinner
Sam Skipper
Patricia Solano
Sandy & Tommy Soriero
Melinda Southener
Julie & Carter Speer
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