2016 Annual Report

August Heart

Saving Lives One Heart at a Time
In this annual report, you’ll find a snapshot of the ways in which AugustHeart has been working in 2016. We made a conscious effort to continue to expand our program’s embrace of San Antonio. We spread our service into new areas where our heart screenings are needed, and affected the lives of more youth. We relied on the expertise of our doctors and technicians and continued to challenge our approach, finding new ways to serve more.

We recognize we could not do what we do without help from our friends. We gratefully acknowledge our extraordinary volunteers, partners, and donors for lending their time, talents and treasures to make a difference in the lives of our youth. These relationships enhance our ability to put our resources to the highest and best use—to have one plus one add up to more than two.

No matter how you look at it, together we did great things in 2016. Many thanks to our Board of Directors for sharing their wisdom and experience, and to our staff for their devotion. But an even greater debt of gratitude is owed to our faithful supporters who make possible every inch of ground gained in the fight against heart disease in teens.

We appreciate your support of AugustHeart, the faith you put in our mission, and the passion you have for helping.

Here’s to another great year!

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WHO WAS AUGUST?
Augustus Cummings Koontz was a healthy young athlete from San Antonio. In October 2008, his life was cut short at the age of 18 by an undiagnosed heart condition called hypertrophic cardiomyopathy (HCM), resulting in sudden cardiac death. August’s love and compassion for others was the measure of his greatness. He lived a full life with a big heart and will forever be remembered because of AugustHeart.

WHY AUGUSTHEART?
To keep other families from experiencing the same grief, Doré and Bart Koontz launched AugustHeart in May 2011 with a bold vision: to establish and fund a free community-wide cardiac screening program for teenagers in an effort to minimize the risks of sudden cardiac arrest.

CONTINUING THE MISSION
David M. Bush, MD, PhD
After another year of screening, I am proud to report that we are continuing to make a positive impact on the lives of the students we touch. Not only have we been able to increase the number of screened students, but we have also continued to maintain the high degree of sensitivity of our screening process. Said otherwise, we are continuing to make sure that students who do not have a cardiac disease that might predispose them to a risk of sudden cardiac death are not labeled as such. This is critical if we are to continue to encourage others to be screened. Many students “fear” the screening process, especially if they are athletes, as they worry that the results will disqualify them from practice. Yet, after the reported deaths this year among two students locally and my personal experience with several others who nearly died, the need for screening has never been greater.

While our current screening practice can identify some youth at risk for sudden cardiac events, it cannot identify all of them. The reality is that there are no perfect tests available to be used in large populations that can do so. As a result, while we might strive to identify everyone at risk, achieving this goal is unrealistic. Yet, I would suggest that this fact does not devalue our efforts. As we look toward the next year of screening, I am encouraged that we can continue to identify more teens truly at risk through increased use of ultrasound as well as screening in a wider variety of schools.

I could not be more proud of all of the efforts of the staff and volunteers in AugustHeart this year. The efficiency of the screening process is now unparalleled in the city and the compassion shown for those who have screened positive is both genuine and heartfelt. I am excited to be able to participate in the coming year!
Luke Pilgrim

“We just wanted to find out if Luke was okay—either way it was going to be a gift of knowledge.”

Lisa & George Pilgrim have huge hearts for AugustHeart. After George underwent surgery to repair a hole in his heart, Luke’s parents were very anxious to know if their son was living with the same condition. After hearing that AugustHeart was having a heart screening for teenagers nearby, Lisa registered Luke to be screened. At the screening, Luke was found to indeed have a unique heart, an extra vein from birth. Since AugustHeart works so closely with the pediatric cardiology groups in San Antonio, an immediate appointment was secured for Luke to get a more thorough evaluation and give the whole family peace of mind.

Nandish K. Thukral, MD

CARDIOLOGY CLINIC OF SAN ANTONIO

“As a father myself, I can see my son in each of the young men we screen at our events and I can see the relief on the faces of the parents who accompany them.”

Often times we overlook that cardiac problems can affect children as well as adults. Sudden cardiac death is always a devastating event but particularly tragic in youth. AugustHeart is dedicated to protecting young people by providing heart screening services to identify life-threatening cardiac conditions at no cost. By volunteering my time and expertise at AugustHeart screenings it provides me the opportunity to not only give back to the community but also hopefully prevent a heartbreaking event in our most vulnerable individuals.

Elizabeth Kraft

“It gives me a real sense of relief to see teens leave an AugustHeart screening knowing the condition of their heart.”

I learned about AugustHeart after a very close friend of mine suddenly passed away due to an enlarged heart. Immediately following his death I discovered that sudden cardiac arrest in teens is more common than I thought. The scariest part to me was that, just like my friend, you could have no warning signs or symptoms, and have no clue something is wrong with your heart. Volunteering for AugustHeart gives me the opportunity to help prevent the loss of other teenagers that have so much of life ahead of them. AugustHeart is very special to me and I will continue to volunteer in the future.

Peter Wagner

ATHLETIC DIRECTOR, SOUTHWEST I.S.D

“Thanks to AugustHeart, we have one less thing to worry about.”

We had the opportunity to add heart screenings to our spring physicals this year. As an Athletic Director, this seemed excessive. However, I learned firsthand that heart screenings save lives—my own daughter’s! Hannah’s electrocardiogram was abnormal, and after speaking to the staff at AugustHeart, I realized it was serious and if not treated she could die suddenly. That was scary! AugustHeart helped get Hannah an appointment for a full evaluation with a pediatric cardiologist. She had a non-invasive surgery to take care of her condition and was back to sports when school started. I have a new respect and appreciation for the free heart screenings we offer all of our student athletes.

David R. Schmidt, MD

SPORTS MEDICINE ASSOCIATES OF SAN ANTONIO

“SMASA has been extremely pleased with our collaboration with AugustHeart.”

Sports Medicine Associates of San Antonio’s (SMASA) mission is to be the preeminent provider of medical and surgical care to all athletes and active individuals. We have been partnering with AugustHeart since 2013 to provide the most comprehensive pre-participation physical available to the athletes of San Antonio and South Texas. Since heart screenings are not offered as part of a normal physical, working together gives us an opportunity to protect our athletes by identifying cardiac problems that might otherwise go undetected.

Will Cogburn

“I didn’t know I had anything wrong with my heart.”

Halfway through cross country season I felt dizzy during a race, but dismissed it as dehydration or fatigue from intense training. It happened the next week, but this time I fainted. One electrocardiogram and echocardiogram later, I was diagnosed with severe aortic valve regurgitation, and scheduled for surgery. I was back to sports in only a few months. Thankfully, I had warning signs.

My mom helped introduce AugustHeart to the Lytle community, and in May 2016, 120 Lytle High School students received free heart screenings. We both volunteer and support the AugustHeart efforts to screen as many teens as possible.
FINANCIAL SNAPSHOT
July 2015 through June 2016

ASSETS, LIABILITIES & NET ASSETS

<table>
<thead>
<tr>
<th></th>
<th>Amount</th>
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<tbody>
<tr>
<td>Assets</td>
<td>$333,430</td>
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<tr>
<td>Liabilities</td>
<td>$28,431</td>
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<tr>
<td>Net Assets</td>
<td>$272,509</td>
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SUMMARY OF REVENUES & EXPENSES

<table>
<thead>
<tr>
<th>Revenue &amp; Support</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Contributions &amp; Investment Revenue</td>
<td>$413,504</td>
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<tr>
<td>Total Expenses</td>
<td>$338,458</td>
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<tr>
<td>Excess Revenue over Expenses</td>
<td>$75,046</td>
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</tbody>
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REVENUE & SUPPORT

80% Program Services
12% General & Administrative
8% Fundraising

HOW WE USE OUR FUNDS

80% Program Services
28% Special Events
49% Grants & Donations
23% In-kind Donations

2016 BY THE NUMBERS

- 7,611 Teens Screened
- 281 Schools Impacted
- 47 Cardiologist Volunteers
- 349 Screening Specialists
- 727 Volunteers
- 3,076 Volunteer Hours
- 29 Screening Events
- $3,537,212 Market Value of Screening Services
- 80¢ of Your $1 Screens Teens

SINCE OUR FOUNDING WE HAVE MADE PROGRESS

452 Teens Screened FROM 2011 TO 2016

DEMOGRAPHICS

- 61% = Males
- Females = 39%
- 75% of screened youth represent diverse ethnicities
- 48% of youth from moderate to extremely low-income households, and some without regular doctors or health insurance

A CHARITY YOU CAN TRUST

- Elizabeth Huth Coates Charitable Foundation of 1992
- H-E-B Tournament of Champions Charitable Trust
- Max & Minnie Tomerlin Voelker Fund
- The Charity Ball Association of San Antonio
- The Greehey Family Foundation

BIG GIFTS FROM BIG HEARTS

Mortara Instrument gifted 35 electrocardiogram machines to AugustHeart in 2016. Thank you!

THREE CHEERS FOR MORTARA INSTRUMENT

Providing Lifesaving Services Free of Charge

FREE
A special thank you to the donors to our annual campaign, both large and small, whose generosity makes it possible for us to be able to screen thousands of youth free of charge.

David Aaronson
Joseph Aspanad
Grace & Randy Adams
Jo & Sean Adams
Nancy & Rich Alvin
Jean & Clyde Alexander
Alvarerez & Everett Allen
Debra & Ill Arrni
Emily & Tom Anderson
John & Linda Anderson
Kathy & Robert Anderson
Kim & Andy Anderson
Jean & Ken Appapalli
Mary & Stephen Archer
Laura & Jose Arellano
Mary & Stephen Archer
Alessandra & Everett Allen
Jean & Clyde Alexander
Patti Adair
David Aaronson
of charge.

thousands of youth free
of charge.

Laura & Jose Arellano
Mary & Stephen Archer
Alessandra & Everett Allen
Jean & Clyde Alexander
Patti Adair
David Aaronson

A special thank you to
AUGUSTHEART
Brooke & Dawson Bremer
Sharon & John Bray
Karen & Brian Brady
Christina & Travis Bolte
Lisa & George Bodden
Lisa & Terry Blom
Nancy & Jamie Billups
Lauren & Mark Biegler
Kathy & Albert Biedenharn
Carolyn & Larry Biedenharn
Michelle & Patrick Berridge
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Rebecca Berman
Mary & Michael Benedum II
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Wanda Batch
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Cory & Phil Bakke
Brian Baize
Renee & Terry Bailey
James Aycock
Leslie & Adam Ausburn
Graciela Arredondo
Sue & Tommy Arnim
Betty Arnett
Laura & Jose Arellano
Mary & Stephen Archer
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Alessandra & Everett Allen
Jean & Clyde Alexander
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David Aaronson
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A special thank you to
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MISSION
The mission of AugustHeart is to prevent sudden cardiac death in students ages 14-18 in San Antonio and surrounding counties by providing free heart screenings.

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